









★★★★★ (8)

CYCLING HOLIDAYS HEART ROUTE NAPF LOOP

Cycling: Heart Route

The secrets of the Napf area

Sparsely populated and almost untouched lay Emmental, the backcountry of Lucerne, and the biosphere Entlebuch at the feet of the Swiss Alps. The most imposing rising in this region is the Napf, which the Herzschlaufen tour (Napf heart loop) completely surrounds.

However, the true highlights you'll pass on this tour are the genuine villages and the stunning, lone standing farmhouses of Emmental. From Willisau, the culinary centre of Emmental, you travel to Langnau, the cultural heart of this region. A little side trip to the biosphere of Entlebuch completes this journey around the Napf.





4 Days / 3 Nights



Self-guided tour

To the online version



ITINERARY

DAY
1

Arrival at Willisau

Put yourself in the right mood with a Willisauer Ringli (Willisauer biscuit) for the tour around the Napf. Also, there is no reason why you should not pay a visit to the Diwisa distillery. Not only will Willisau surprise you in a culinary aspect, but also awaits you a spruce old town.

DAY
2

Willisau – Langnau in the Emmental

The foothills of the alps couldn't be more beautiful. You follow a ridge and enjoy the view over the midland. From Wyssachen the landscape gets more rough and you follow the Herzsclaufe (heart loop) of Napf in a steady up and down until you reach Sumiswald. A short break gives you enough energy for the climb to the Lüderenalp. From now on you wheel relaxed through the Gohldike to Lagnau in the Emmental.

 approx. 60 km  1'600 m  1'480 m

DAY
3

Langnau in the Emmental – Entlebuch

First, you visit the regional museum in Lagnau in the Emmental. Afterwards, you cycle past Trubschachen with the Kambly-factory and numerous covered bridges. Then, steep uphill on a mountain range where you have an unrestricted view on the summit of the Napf.

Driving past remote farmyards and continue with a thrilling descent down to Escholz matt. From there, you drive along the sunny valley side of the Entlebuch until you reach the biosphere's principle town of the same name.

 approx. 45 km  1'100 m  1'080 m

DAY
4

Entlebuch – Willisau | Departure or extension

The day's stage starts wild and solitary through the Fontanne valley. Afterwards you ascend the Menzberg and with it the Napf's main crest. Now it's getting exciting, because the drive through the Luthertal (Luther valley) comes close to a roller coaster ride. Entlebuch and Emmental show themselves from their rough side in the last few metres. Enjoy it! The trail will bring you back to Willisau, from there individual departure.

 approx. 55 km  1'550 m  1'675 m

TOUR CHARACTER

This track of the heart loop is extremely challenging. Therefore the utilisation of an electric bike is again recommended, to enjoy the beauties of the Emmental to the utmost on almost car-free roads.

The Herzschlaufe Napf at SwitzerlandMobility

- [Details about the route](#)



PRICES & DATES

PLACE OF ARRIVAL: WILLISAU

Season 1	Season 2
20.04.2024 - 26.04.2024 28.09.2024 - 13.10.2024	27.04.2024 - 27.09.2024

Heart route: Napf loop, 4 days, CH-ZSRWW-04X		
Base price	599.-	629.-
Surcharge single room	115.-	115.-

Category: 3*-hotels & guesthouses

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: WILLISAU

Season 1	Season 2
Apr 20, 2024 - Apr 26, 2024 Sep 28, 2024 - Oct 13, 2024	Apr 27, 2024 - Sep 27, 2024

Willisau		
Double room p.P.	105.-	105.-
Surcharge single room	20.-	20.-
Willisau		
Double room p.P.	105.-	105.-
Surcharge single room	20.-	20.-

Our rental bikes

Price

Countrybike 27-gear	115.-
Electric bicycle	215.-
Side bag	included

Prices per person in CHF

SERVICES & INFORMATION

Services

Included:

- 3 overnight stays incl. breakfast
- Daily luggage transfers
- Costs for luggage pick-up at the station (for direct departure)
- Subsidy for arrival by train
- Carefully elaborated route description
- Travel documents (1 x per room)
- Navigation app and GPS data available
- SwitzerlandMobility-Plus subscription for one year
- Service-Hotline

Note:

- Tourist tax, if due, is not included in the price
- Reservation fee of CHF 20.- per adult (incl. legally required customer money protection)

Information

Arrival/Departure:

- Arrival by public transport to Willisau.
- Departure by public transport from Willisau. In case of direct departure, luggage must be returned to the luggage counter by 5 p.m. at the latest.

Arrival by train:

Leave the car at home! For every bike, biking or hiking tour in Switzerland, you will receive an SBB coupon per participant, which you can use to **deduct CHF 10 from the ticket price** for traveling by train. The reduction can be obtained in the SBB online store or in the SBB app.

On many trips, we use the luggage counters at the stations at the beginning and at the end to hand over the suitcases. You can conveniently combine this right away when you arrive by train. **If you are a GA owner, you can provide this information when booking. We will credit you the amount on the invoice.** If you don't need the coupon for the trip itself, you can use it during the year. Unfortunately, a retroactive refund is not possible for administrative reasons.

Travel documents

Travel documents "digital"

We reduce the amount of printed documents. You will receive instructions to help you find your way around using the Eurotrek Travel Guide App. We provide you with further information online.

In advance you will receive a small package of documents with the following contents:

- Your travel program
- Luggage tags
- Description of how to use the app
- Any vouchers

The Eurotrek Travel Guide App will help you find your way around. In addition to your digital map, you will find further information about your booked trip. The app is also available offline, simply download the trip in advance.

CONTACT & BOOKING

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

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Book now