







CYCLING HOLIDAYS MITTELLAND-ROUTE YOUTH HOSTELS

Cycling: Mittelland-Route

Aare, Three-Lakes-Country & Lake Geneva

The pleasant ride along the varied Mittelland Route is mostly on traffic-free paths, along lakes and rivers, through wide plains and peaceful valleys, towns and villages, industry and agricultural land. Surprising insight into the fascinating everyday life of Switzerland's Mittelland, an exciting, easy ride on a mostly traffic-free route from Aarau to Lac Léman.



5 Days / 4 Nights



Self-guided tour

To the online version



ITINERARY

DAY
1

Arrival to Olten | Olten – Solothurn

Today the tour leads along the Aare to Solothurn, the most beautiful baroque city in Switzerland.

 approx. 45 km  330 m  300 m

DAY
2

Solothurn – Nidau bei Biel

Continue to Nidau near Biel. Situated at the foot of the Jura Mountains, Biel is also known as the largest bilingual city in Switzerland and the gateway to the Three Lakes Country.

 approx. 30 km  240 m  240 m

DAY
3

Nidau bei Biel – Avenches

Continue through the charming Seeland. The small medieval town of Murten on the south-eastern shore of the lake of the same name has preserved its original face with its picturesque old town streets and cosy arcades (it is worth deviating slightly from the Mittelland route on regional routes to Murten, Avenches and Payerne).

From medieval Murten to the small town of Avenches. It lies in the expanse of the Broye plain, on a hill between Lake Neuchâtel and Lake Murten, in the canton of Vaud near the border with Fribourg.

 approx. 50 km  525 m  495 m

DAY
4

Avenches – Yverdon-les-Bains

The small town Avenches lies in the wide Broye Plain between Lake Neuchâtel and Murten in the canton of Vaud near the border to the canton of Fribourg. This former capital of Roman Helvetia has a rich and valuable heritage dating back to Roman times.

Now you'll return to Lake Neuchatel. There you will hear chirping in the reeds and waves lapping at the gentle shore, Jura is shimmering in the distance. Over 100 species of birds breed in the Grande Cariçaie, the 40-km-long marsh and reed belt along the southern shores of the lake.

 approx. 45 km  290 m  295 m

DAY
5

Yverdon-les-Bains – Lausanne | Departure or extension

Flat and fertile: Plaine de l’Orbe, framed by Roman mosaics and the rolling hills of Vaud. In Mormont, the watershed of the Rhone and Rhine. Change of scene from the wild waters of the Venoge to the small silver «sea» of Lac Léman.

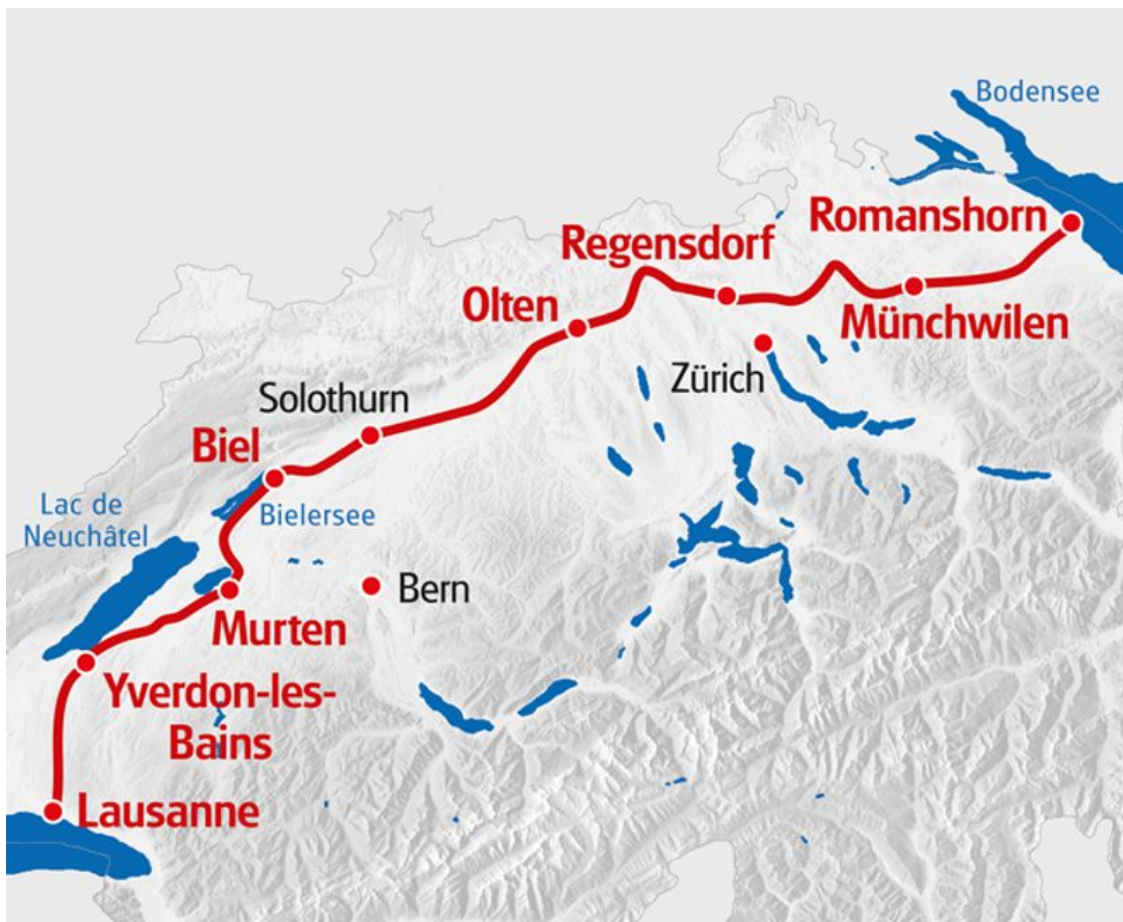
 approx. 55 km  490 m  545 m

TOUR CHARACTER

The route is mostly flat and leads through the Swiss mittelland. It is perfect for family bike tours with children. Mostly car-free and on natural field and forest paths.

The Mittelland Route on SwitzerlandMobility

- [Details about the route](#)



PRICES & DATES

PLACE OF ARRIVAL: OLTEN

Season 1	Season 2
06.04.2024 - 26.04.2024 28.09.2024 - 13.10.2024 Arrival daily	30.03.2024 - 05.04.2024 27.04.2024 - 27.09.2024 Arrival daily

Mittelland-Route Hostel-Tour, 7 days, CH-OSROL-05X		
Base price	669.-	699.-

Category: overnight stay in shared rooms in youth hostels

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: OLTEN

Season 1	Season 2
Apr 6, 2024 - Apr 26, 2024 Sep 28, 2024 - Oct 13, 2024 Arrival daily	Mar 30, 2024 - Apr 5, 2024 Apr 27, 2024 - Sep 27, 2024 Arrival daily

Olten		
Double room p.P.	95.-	95.-
Surcharge single room	35.-	35.-
Lausanne		
Double room p.P.	79.-	79.-

Our rental bikes

	Price
Countrybike 27-gear	125.-

Electric bicycle	229.-
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Prices per person in CHF

SERVICES & INFORMATION

Services

Included:

- Accommodation as mentioned incl. breakfast
- Daily luggage transfer
- Costs for luggage pick-up at the station (for direct arrival or departure)
- Subsidy for arrival by train
- Carefully elaborated route description
- Travel documents (1 x per room)
- Navigation app and GPS data available
- SwitzerlandMobility-Plus subscription for one year
- Service hotline

Note:

- Tourist tax, if due, is not included in the price
- Reservation fee of CHF 20.- per adult (incl. legally required customer money protection)

Information

Arrival/Departure:

- Arrival by public transport to Olten. In case of direct arrival: Suitcases must be handed in at the luggage counter by 10:00 a.m. at the latest.
- Departure by public transport from Lausanne. Direct departure: Suitcases will be returned to the luggage counter by 5:00 p.m. at the latest.

Arrival by train:

Leave the car at home! For every bike, biking or hiking tour in Switzerland, you will receive an SBB coupon per participant, **which you can use to deduct CHF 10 from the ticket price for traveling by train.** The reduction can be obtained in the SBB online store or in the SBB app. On many trips, we use the luggage counters at the stations at the beginning and at the end to hand over the suitcases. You can conveniently combine this right away when you arrive by train. **If you are a GA owner, you can provide this information when booking. We will credit you the amount on the invoice.** If you don't need the coupon for the trip itself, you can use it during the year. Unfortunately, a retroactive refund is not possible for administrative reasons.

Travel documents

Travel documents "digital"

We reduce the amount of printed documents. You will receive instructions to help you find your way around using the Eurotrek Travel Guide App. We provide you with further information online.

In advance you will receive a small package of documents with the following contents:

- Your travel program
- Luggage tags
- Description of how to use the app
- Any vouchers

The Eurotrek Travel Guide App will help you find your way around. In addition to your digital map, you will find further information about your booked trip. The app is also available offline, simply download the trip in advance.

CONTACT & BOOKING

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

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Book now