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# HIKING HOLIDAYS LAKE CONSTANCE, APPENZELL & TOGGENBURG

Hiking: Alpine Panorama Trail

## Lake Constance, Appenzell & Toggenburg

First thing you see will be the rolling green hills of Appenzell. Far behind the massive peaks of Alpstein and Churfirsten tower up proudly. On the first legs the Alpine Panorama Trail lives up to its name. But not only the scenic hikes will enchant you, also the traditional, painted houses in Appenzell and the lively traditions of Appenzell and Toggenburg will quickly cast a spell on you.

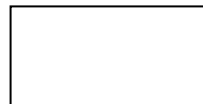


6 Days / 5 Nights



Self-guided tour

To the online version





# ITINERARY

DAY  
1

## Arrival to Rorschach | Rorschach – Trogen

Luggage drop-off in Rorschach. The ascent to the climatic health resort of Heiden (with Henri Dunant Museum) and to Kaienspitz is rewarded with wide views of Lake Constance and the Alpstein. Via Rehetobel you descend to the Chastenloch and go up to the former village of Trogen.





 approx. 5.5 h     approx. 17 km     1'080 m     625 m

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DAY  
2

## Trogen – Appenzell

From Trogen (AR) over two gentle hills with magnificent views of the Säntis, the city of St.Gallen, Lake Constance and the rolling Appenzellerland. Then into the wide valley basin of Appenzell with its richly decorated town houses.

 approx. 4 h     approx. 14 km     600 m     685 m

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DAY  
3

## Appenzell – Schwägalp

From Appenzell, the region's capital, the trail climbs up to Alp Wasserschaffen. The path to the peak follows the Kronberg ridge, side by side with the Alpstein and with the same fantastic views. Afterwards, the route continues through typical alpine terrain down to Schwägalp, the base station of the Säntis cable car.





 approx. 5.5 h     approx. 16 km     1'150 m     580 m

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DAY  
4

## Schwägalp – Stein SG / Alt St. Johann

Splendid hike to Lutertannen and over the Risipass vantage point to Stein in Toggenburg. Meadows and Alpine pastures, near-to-nature low-moor marshes and coniferous forests alternate in colourful sequence.

 approx. 4 h     approx. 12 km     485 m     990 m

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DAY  
5**Stein SG / Alt St.Johann – Amden**

The rather long ascent from Stein to the Vorderen Höhe is finally rewarded with wonderful views of the Glarner mountain peaks. A diverse high-level hike leads around the Gulmen, across to the Mattstock and down to Amden.



approx. 5 h



approx. 14 km



860 m



790 m

DAY  
6**Amden – Einsiedeln | Departure or extension**

By bus down to Ziegelbrücke and with the train to Siebnen. A tough climb to Stöcklihrüz and a superb high-level hike around the northern end of Sihlsee lake to Einsiedeln. The St. Meinrads Chapel on Etzelpass and the house where Paracelsus was born are popular resting places, not just for pilgrims.



approx. 7 h



approx. 23 km



1'100 m



680 m

# TOUR CHARACTER

The regions Appenzell and Toggenburg are hilly and you will have to master some steep ascents. Good stamina is needed for the walk, especially for the stage up to Einsiedeln. The trails are in a very good condition and easy to walk on. A good tour for beginners that are in a good shape.

## The Alpine Panorama Trail at SwitzerlandMobility

- [Details about the route](#)



# PRICES & DATES

## PLACE OF ARRIVAL: RORSCHACH

Season 1	Season 2
28.09.2024 - 13.10.2024   Arrival daily	04.05.2024 - 27.09.2024   Arrivla daily

The alpine panorama trail eastern Switzerland, 6 days, CH-OSWRE-06X

Base price	985.-	1'025.-
Surcharge single room	189.-	189.-

Category: 3\* hotels, 4\* hotel at Schwägalp

# ADDITIONAL NIGHTS

## PLACE OF ARRIVAL: RORSCHACH

Season 1	Season 2
Sep 28, 2024 - Oct 13, 2024   Arrival daily	May 4, 2024 - Sep 27, 2024   Arrivla daily

Rorschach

Double room p. P.	125.-	125.-
Surcharge single room	55.-	55.-

Einsiedeln

Double room p. P.	115.-	115.-
Surcharge single room	40.-	40.-

Prices per person in CHF



# SERVICES & INFORMATION

## Services

### Included:

- Accommodation as mentioned incl. breakfast
- Daily luggage transfer
- Costs for luggage pick-up at the station
- Subsidy for arrival by train
- Carefully elaborated route description
- Travel documents (1 x per room)
- Navigation app and GPS data available
- SwitzerlandMobility-Plus subscription for one year
- Service hotline

### Note:

- Rides with public transport Amden – Siebnen (approx. CHF 10.- per person)
- Tourist tax, if due, is not included in the price
- Reservation fee of CHF 20.- per adult (incl. legally required customer money protection)

## Information

### Arrival/Departure:

- Arrival by public transport to Rorschach. If you arrive directly, hand in your luggage at the luggage counter by 10:00 a.m. at the latest.
- Departure by public transport from Einsiedeln. In case of direct departure, luggage will be returned to the luggage counter by 5:00 p.m. at the latest.

### Arrival by train:

Leave the car at home! For every bike, biking or hiking tour in Switzerland, you will receive an SBB coupon per participant, **which you can use to deduct CHF 10 from the ticket price for traveling by train.** The reduction can be obtained in the SBB online store or in the SBB app. On many trips, we use the luggage counters at the stations at the beginning and at the end to hand over the suitcases. You can conveniently combine this right away when you arrive by train. **If you are a GA owner, you can provide this information when booking. We will credit you the amount on the invoice.** If you don't need the coupon for the trip itself, you can use it during the year. Unfortunately, a retroactive refund is not possible for administrative reasons.

## Travel documents

### Travel documents "digital"

We reduce the amount of printed documents. You will receive instructions to help you find your way around using the Eurotrek Travel Guide App. We provide you with further information online.

In advance you will receive a small package of documents with the following contents:

- Your travel program
- Luggage tags
- Description of how to use the app
- Any vouchers

The Eurotrek Travel Guide App will help you find your way around. In addition to your digital map, you will find further information about your booked trip. The app is also available offline, simply download the trip in advance.

# CONTACT & BOOKING

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

 +41 443161000

 eurotrek@eurotrek.ch

**Book now**