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# CYCLING HOLIDAYS COAST OF TUSCANY

Cycling: Coast of Tuscany

## From the Leaning Tower to Elba

Hardly any other country makes the traveller's heart beat faster than 'Bella Italia' and hardly any other region represents the Italian way of life as much as Tuscany. Wine, olives and the sea are just a few of the main attractions that make this tour in Italy very special. There are also cultural delights, such as the Leaning Tower of Pisa or 'Venezia Nova' in the port city of Livorno. The 'grand finale' of the 7-day tour along the Tuscan coast is the day trip to the island of Elba, where breathtaking scenery awaits.

The starting point of your journey of discovery along the Tuscan coast is the Piazza dei Miracoli in Pisa. Even the first stage of the cycle tour invites you to take a refreshing dip in the cool water, for example, in the seaside resort of Viareggio. But it shouldn't stop there – whether the Marina di Castagneto with its characteristic beach promenade or the famous

‘Golfo di Barrati’ where you can enjoy ‘La Dolce Vita’ in the bay or on a pedal boat – if you want the sea, you will certainly get it on this tour. Feel the Mediterranean attitude towards life at every stage of this extraordinary tour. Enjoy the culinary delights, from A for antipasti to Z for zabaglione, and marvel at the lush olive groves.



7 Days / 6 Nights



Self-guided tour

**To the online version**



# ITINERARY

DAY  
1

## Arrival in Pisa




In the evening, you will have your welcome briefing and get your bikes. A first glimpse and a visit to the exquisite old part of town is possible today too.

DAY  
2

## Trip to the sea

From the Piazza dei Miracoli, home of the Leaning Tower, there are lovely trails winding through the national park ,Macchia Lucchese’ directly to the sea.

Along the sandy beach you will reach the charming sea side town and spa Viareggio. On the way there and in the resort, the refreshing waters of the Tyrrhenian Sea will tempt you to dive in. Short train ride back to Pisa.

 approx. 30 km + train journey       30 m       30 m

DAY  
3

## Pisa – Castiglioncello

In the morning, you take a short train ride to Livorno. This historic harbour has a lot to offer including the well-known quarter ,Venezia Nuova’ with its many canals. Once you have cycled past the Belle Epoque villas along the river promenade, the bike tour continues deep into the hinterland.

An extended ascent leads through the national park ‘Monti Livornesi’, passing through traditional Tuscan villages along the way until descending towards the sea with magnificent sea views. Today’s accomodation is located close to steep cliffs. The trails along the beach and palm trees truly ooze Mediterranean atmosphere.

 approx. 40 km + train journey       500 m       500 m



DAY  
4

## Castiglioncello – Marina di Castagneto

Today's section is all about the Etruscan coastline. Via the famous white sandy beaches of Vada you will pass through some of the most striking pine forests in all of Italy. After that a cool cycle path in the shade leads you through the nature park 'Tomboli' and then on to Bibbona.

From there your journey takes you to the well known wine region of Bolgheri. It is here where the top Tuscan grapes are pressed! After passing the longest Italian avenue lined with cypresses, once again the sea is not far away. Marina di Castagneto is a classic Italian sea side town with its many beach cafes and promenades.

 approx. 50 km       120 m       135 m

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DAY  
5

## Marina di Castagneto – Piombino

The day starts with an ascent towards the medieval town called Castagneto Carducci. A well deserved break over a cup of cappuccino and stunning views follows. After that, the ride continues upwards on a curvy mountain road through romantic cork oak forests. A few breaks in little traditional villages with the characteristic stone built houses will stay in your memory forever.

Next, a comfortable descent through olive groves takes you to the well-known beach 'Golfo di Baratti' with Etruscan excavation sites and all. Only a few kilometres left until Piombino, an impressive seaside town where you can relax on the Piazza directly by the sea.

 approx. 60 km       515 m       505 m

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DAY  
6

## Day trip to the island of Elba

A ferry ride will take you to Portoferraio (duration approx. 1 hour). Stunning scenery and first glimpses of the island accompany the boat trip. A short cycle path along the panoramic route will lead you to several secluded bays and coves.

The longer tour takes you through the hilly hinterland with its characteristic island vegetation of the 'Macchia Mediterranea'. On the return journey to Piombino a picturesque and glorious sunset will be the perfect ending to this day.

 approx. 15 – 35 km + ferry ride       60 – 715 m       60 – 695 m

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DAY  
7

## Departure or extension

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# TOUR CHARACTER

The terrain is mainly flat to slightly hilly. The only two strenuous stretches are during the two legs in the hinterland. Nearly all cycle paths are asphalted and some segments along the sea will be on rustic but well maintained trails. Due to lack of cycle paths along some sections, cycling briefly on roads with moderate traffic is unfortunately unavoidable.





PRICES & DATES

PLACE OF ARRIVAL: PISA

|   | Season 1<br>28.04.2024 - 11.05.2024  <br>06.10.2024 - 13.10.2024  <br>Arrival Sunday | Season 2<br>12.05.2024 - 07.06.2024  <br>14.09.2024 - 05.10.2024  <br>Arrival Sunday | Season 3<br>08.06.2024 -<br>13.09.2024  <br>Arrival Saturday and<br>Sunday |
|---|--|--|--|
| Tuscany Coastline, 7 days, IT-TORTK-07X |  |  |  |
| Base price                              | 1'059.-  | 1'229.-  | 1'425.-  |
| Surcharge single room                   | 399.-  | 399.-  | 399.-  |

Category: 3\*- hotels, most of them directly by the sea, Pisa 4\*-hotel

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: PISA

|                       | Season 1<br>Apr 28, 2024 - May 11, 2024  <br>Oct 6, 2024 - Oct 13, 2024  <br>Arrival Sunday | Season 2<br>May 12, 2024 - Jun 7, 2024  <br>Sep 14, 2024 - Oct 5, 2024  <br>Arrival Sunday | Season 3<br>Jun 8, 2024 - Sep 13,<br>2024  <br>Arrival Saturday<br>and Sunday |
|-----------------------|---|--|---|
| Pisa                  |   |  |   |
| Double room p. P.     | 79.-  | 79.-   | 79.-  |
| Surcharge single room | 45.-  | 45.-   | 45.-  |
| Piombino              |   |  |   |
| Double room p. P.     | 89.-  | 89.-   | 89.-  |
| Surcharge single room | 45.-  | 45.-   | 45.-  |



# Our rental bikes

|                        | Price |
|------------------------|-------|
| Bicycle 21-gear unisex | 109.- |
| Bicycle 21-gear gents  | 109.- |
| Bicycle-PLUS           | 189.- |
| Electric bicycle       | 289.- |

Prices per person in CHF

# SERVICES & INFORMATION

## Services

### Included:

- Accommodation as mentioned incl. breakfast
- luggage transfer
- Welcome briefing (German, English)
- Carefully elaborated route
- Detailed travel documents 1x per room (German, English, French)
- 1 train journey from Viareggio - Pisa and from Pisa - Livorno incl. your bike
- 1 ferry to Elba and back incl. your bike
- Navigation-App and GPS-data
- Service hotline

### Note:

- Tourist tax, if due, is not included in the price
- Bicycle rental, including rental bicycle insurance
- Reservation fee of CHF 20.- per adult (incl. legally required customer money protection)

### Optional:

- Return transfer by minibus to Pisa every Saturday, CHF 95.- per person, with your own bike CHF 139.-, to be paid in advance, reservation is necessary

## Information

### Arrival/Parking/Departure:

- Pisa train station
- Pisa or Florence airport
- Public garage costs approx. CHF 19.- per day, to be paid for at the time, no reservation possible or free car parking at the hotel

### Other important information:

- The distance travelled is approximate and may differ from the actual distance.
- Travel cancellation insurance, including travel interruption insurance is recommended.



# CONTACT & BOOKING

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

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**Book now**