



# CYCLING HOLIDAYS LISBON - SAGRES

Cycling: Lisbon - Sagres

## Along the fascinating Atlantic Coast

To all the sun worshippers, Portugal fans and summer lovers among our guests – we have good news for you! Because you have just found your dream holiday! Cycle from the pulsating metropolis of Lisbon along the Atlantic coast, past breathtaking beaches and dreamy fishing villages – with your gaze always directed towards the magnificent sea. Of course, the necessary portion of sun should not be missing on a dream cycle tour in southern Portugal. It isn't either – Portugal is one of the sunniest parts of Europe! Get on your bike and head south!

Costa da Caparica, Setúbal, Vila Nova de Mil Fontes... no this is not a Portuguese poem, it's your stage locations. During this eight-day cycle tour to the Algarve, the prettiest villages, secluded bays and countless delicacies will cross your path. We also promise you unique views of the vast ocean.



7 Days / 6 Nights

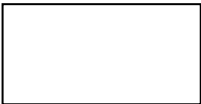


Self-guided tour



Minimum number of participants: 2

To the online version





# ITINERARY

DAY  
1

## Arrival in Lisbon

Explore the sights of the capital, stroll along the lively Tejo-shores and enjoy Portuguese hospitality.

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DAY  
2

## Lisbon – Setúbal

A beautiful cycle path takes you along the river Tejo all the way to the harbour. After a short ferry ride across the wide river you reach Seixal and start your cycle tour. You cross the peninsula southward and marvel at the Arrábida nature park with initial impressive rock formations.

Breathtaking views over the coastline take turns nearly by the minute with beautiful bays for swimming and sunbathing. Today's Day Finish is Setúbal, where as early as the 16th century Lisbon aristocracy had palaces and country estates built there.

 approx. 65 km + boat ride

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DAY  
3

## Setúbal – Sines

In the morning you take the ferry through the nature reserve at the Sado estuary. With a bit of luck you might even spot some dolphins during the crossing. The stage starts on Troia-peninsula with its beautiful beaches and special sceneries. This is why you are probably puzzled by the rice fields, which you would not expect in this region – definitely a special sight.

You continue past the glorious sandy beaches featuring crystal-clear water, past flower fields and lush green wine growing areas. Characteristic and particularly charming are here also the villages with their whitewashed houses. In Sines you stroll along the promenade, visit the castle or enjoy the slow-paced ado in the town.


 approx. 70 km + boat ride

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DAY  
4

## Sines – Vila Nova de Mil Fontes

One of the most unspoilt coastal sections in Europe, the Costa Vicentina Nature Park, will enthrall you with many impressions. Breathtaking views over the Atlantic ocean, fantastic beaches, little harbours and authentic fishing villages entice time and again for a little break. In the evening you enjoy the atmosphere of the coastal town Vila Nova de Mil Fontes. Here again a fantastic sandy beach is right at your feet.

 approx. 40 km


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DAY  
5

## Vila Nova de Mil Fontes – Aljezur

You continue your ride through the marvellous Costa Vicentina Nature Park with its diverse fauna and flora. Impressively high cliffs characterise today's cycle tour and you can feel the refreshing wind from the Atlantic on your face and all around you.

You spend the night in the village Aljezur, situated a few kilometres from the coast and with this also discover the rural architecture of the villages typical for this region. Above the village towers the historic little castle offering a beautiful view over the fertile land.

 approx. 70 km


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DAY  
6

## Aljezur – Sagres

You experience a unique highlight still on the final stage. You cycle through the special coastal scenery to the cape St. Vincent, the most southwestern tip of Europe with its renowned lighthouse and the 'Final fried sausage before America' – it certainly is a special experience to pose here for a selfie with your bike.

There are only a few kilometres left until you reach Sagres. Your final Day Finish with its ample cultural heritage is one of the most significant towns on the Algarve. Particularly spectacular here are the high-rising cliffs framing the idyllic sandy beaches.

 approx. 60 km

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DAY  
7

## Departure or extension

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# TOUR CHARACTER

An overall tour on gently hilly terrain with only a few steep ascents, however there are several ascents daily. Stunning routes on agricultural paths and side roads with very little traffic, short sections also on busy roads. On longer sections you also cycle on gravel paths.



# PRICES & DATES

## PLACE OF ARRIVAL: LISBON

	<b>Season 1</b> 11.02.2024 - 23.03.2024   03.11.2024 - 24.11.2024   Arrival Sunday	<b>Season 2</b> 24.03.2024 - 11.05.2024   29.09.2024 - 02.11.2024   Arrival Sunday	<b>Season 3</b> 12.05.2024 - 28.09.2024   Arrival Sunday
Lisbon - Sagres, 7 days, P0-PORLS-07X			
Base price	929.-	1'095.-	1'249.-
Surcharge single room	479.-	479.-	479.-

Category: 3\*- and 4\*- hotels

# ADDITIONAL NIGHTS

## PLACE OF ARRIVAL: LISBON

	<b>Season 1</b> Feb 11, 2024 - Mar 23, 2024   Nov 3, 2024 - Nov 24, 2024   Arrival Sunday	<b>Season 2</b> Mar 24, 2024 - May 11, 2024   Sep 29, 2024 - Nov 2, 2024   Arrival Sunday	<b>Season 3</b> May 12, 2024 - Sep 28, 2024   Arrival Sunday
Lisbon			
Double room p. P.	99.-	99.-	99.-
Surcharge single room	85.-	85.-	85.-
Sagres			
Double room p. P.	109.-	119.-	129.-
Surcharge single room	79.-	79.-	79.-

# Our rental bikes



	Price
Electric bicycle	289.-
Bicycle 21-gear unisex	109.-
Bicycle 21-gear gents	109.-
Rental bicycle PLUS	189.-

Prices per person in CHF

# SERVICES & INFORMATION

## Services

### Included:

- Accommodation as mentioned incl. breakfast
- Welcome briefing (German, English)
- Daily luggage transfer
- Carefully elaborated route
- Detailed travel information 1 x per room (German, English, French)
- 1 ferry ride Lisbon – Seixal incl. your bike
- 1 ferry ride Setúbal – Tróia incl. your bike
- App for Navigation and GPS-data
- Service hotline

### Note:

- Tourist tax, if due, is not included in the price
- Bicycle rental, including rental bicycle insurance
- Reservation fee of CHF 20.- per adult (incl. legally required customer money protection)

### Optional:

- Return transfer by minibus every Saturday morning from Sagres to Faro airport, costs CHF 79.- per person, for your own bike additionally CHF 45.-, reservation is necessary, to be paid for in advance

## Information

### Arrival/Parking/Departure:

- Lissabon or Faro airport

### Other important information:

- The distance travelled is approximate and may differ from the actual distance.
- Travel cancellation insurance, including travel interruption insurance is recommended.



# CONTACT & BOOKING

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

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**Book now**